

Family Medical Care

TRICARE, the Military Health System

TRICARE Eligibility

Major categories of persons eligible for TRICARE benefits include:

- ◆ Active duty service members.
- ◆ Spouses and unmarried children* of active duty service members.
- ◆ Uniformed services retirees, spouses, and unmarried children*.
- ◆ Spouses and unmarried children* of reservists who are ordered to active duty for more than 30 consecutive days.
- ◆ Medal of Honor recipients, their spouses and unmarried children*, and survivors.

** Unmarried children qualify up to age 21 (to age 23 if a full-time student).*

Additional definitions of persons eligible for TRICARE may be found at the TRICARE Web site, www.tricare.osd.mil or www.humana-tricare.com.

TRICARE Options

TRICARE Prime:

TRICARE Prime is a managed care option similar to a civilian health maintenance organization (HMO). This option requires enrollment. Active duty service members are required to enroll in Prime. Active duty family members, retirees and their family members are encouraged, but not required, to enroll in Prime. However, to receive the TRICARE Prime benefit, they must reside where TRICARE Prime is offered. Ask your local TRICARE service center (TSC) about the TRICARE Prime availability in your area. If you are stationed in a remote area, TPR/TRICARE Prime Remote for Active Duty Family Members (TPRADFM) may be the option available to you and your family members. This option also requires enrollment. If enrollment for TRICARE Prime and TPR/TRICARE is received by the 20th of the month, it is effective the first day of the next month. For instance, if an enrollment is received by March 20, coverage will begin April 1. If a family enrolls March 25, they will be covered under the TRICARE Prime benefit starting May 1. If an individual disenrolls from TRICARE Prime, he or she is locked out for 12 months.

TRICARE Prime enrollees receive most of their care from military providers or from civilian providers who belong to the TRICARE Prime network. Enrollees are assigned a primary care manager (PCM) who manages their care and provides referrals for specialty care. All referrals for specialty care must be arranged by the PCM to avoid point-of-service charges.

TRICARE Extra & Standard:

TRICARE Extra & Standard are available for all TRICARE-eligible beneficiaries who elect or are not able to enroll in TRICARE Prime. Active Duty service members are not eligible for Extra & Standard. There is no enrollment required for TRICARE Extra or Standard-no annual enrollments fees, no enrollment forms. Beneficiaries are responsible for annual deductibles and cost-shares. Beneficiaries may see any TRICARE authorized provider they choose, and the government will share the cost with the beneficiaries after deductibles.

TRICARE Extra is a preferred provider option (PPO) in which beneficiaries choose doctor, hospital, or other medical provider within the TRICARE provider network. Network providers can be located by calling your local TRICARE service center or visiting the web site.

TRICARE Standard is a fee-for-service option. You can see an authorized TRICARE provider of your choice. Having this flexibility means that care generally costs more.

The TRICARE Dental Program

This is a **SEPARATE** enrollment from TRICARE.

Persons eligible to enroll in the TRICARE Dental Program include:

Family members of all active duty uniformed service members, and Selected Reserve and Individual Ready Reserve (IRR) and their families. Sponsors must have at least 12 months of their service commitment remaining at the time of enrollment.

Persons not eligible for the TDP are former spouses, parents, parents-in-law, disabled veterans, and uniformed service retirees and their families. For inquiries about the TRICARE Dental Program call the contractor, United Concordia Companies, Inc. (UCCI) at **1-800-866-8499**, 24 hours a day weekdays in the United States. The UCCI Web site is at www.ucci.com.

Contact Your TRICARE Service Center at _____

If all else fails contact the organization. If that fails, contact the Family Program's Office at 1-800-446-4645.